

# CHELSEA PEREZ

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## SUMMARY

Dedicated Psychology student seeking internship in the Human Resource department to gain hands-on experience. Interested in applying excellent communication and interpersonal skills to a Human Resource role. Ambitious and Responsible with a strong drive to succeed. Skilled in working under pressure and adapting to new circumstances and challenges to best enhance communication within co-workers.

## SKILLS

- Strong Work Ethic
- Multitasking
- Quick Learner
- Time Management
- Communication
- Adaptability
- Active Listener
- Multilingual

## EXPERIENCE

### Market Food Service Worker

HDH Dining Services, UCSD | San Diego, CA | Nov 2022-Current

- Maintained professional demeanor during interactions with customers and co-workers.
- Act in accordance with company service standards and adhered to inventory.
- Maintained excellent customer service during fast-paced work shifts.
- Work in team cooperation with others, serve as a team leader in the absence of a supervisor.
- Be punctual and on a time-manner with our work schedule shifts.

### Food Distribution Volunteer

AS Office & Housing Resources | San Diego, CA | Mar 2022-Jun 2022

- Answered customer questions about program eligibility and maintained pantry records.
- Assist customers with product selection and bagging, providing guidance on limitation in type and number of items available to specific consumer.
- Greeted college students upon arrival and give directions to appropriate facility locations.
- Expedite day-to-day operations to promote welcoming, well-stocked and hygienic food pantry.

## EDUCATION AND TRAINING

### Bachelor of Science: Psychology

University of California - San Diego | La Jolla, CA | Expected in Jun 2025

### High School Diploma

New Design Charter School | Los Angeles, CA | Jun 2021

- Top Ranked: 17%
- 3.68 GPA